

VOICE OF THE RESIDENTS

Vol. XI, No. I

BROADMEAD, COCKEYSVILLE, MD

September 1989

WHAT RUTH TAUGHT

Over 40 years ago the Baltimore County Board of Education decided upon a program of curriculum revision in the realization that "The values of our young people and the patterns of living they develop are influenced strongly by the community in which they live." The effort to provide these values resulted in a compendium of local resources and experiences to enrich the available curriculum. Many people worked on this project and two of those cited are here at Broadmead: Elizabeth Litsinger was the Editor of the material and Malcolm Dill contributed one of the maps used as illustrations.

The material was put out as "Living in our Community, Resource Bulletin 1, Using Our Historical and Cultural Resources." That we can appreciate the material is due to Ruth Plant who saved what was once used in her classroom in the county schools. The material was published in 1950 at a time when Broadmeaders were not in the lower grades but some excerpts will prove interesting today. Don't worry Ruth says she has not saved any of the tests once inflicted on her students.

An interesting sample was called "Old Fort Garrison" and read as follows:

"The oldest fort in America today stands unnoticed in Baltimore County's Green Spring Valley. In 1692 Sir Lionel Copley, the first Royal Governor of Maryland, received information that eight hundred 'redskins' were coming through Pennsylvania to attack the northern manors of the colony. The frightened members of the council hurriedly ordered three frontier outposts to be built at once. A tax of 50,000 pounds

of tobacco was laid on the inhabitants to defray the expense. Fort Garrison in Baltimore County is the only one of these forts that has survived. The other two have long ago passed out of existence.

"Protection against Indian raids was the chief consideration in the construction of Fort Garrison. It was built entirely of stone with walls twenty feet high. To keep unwelcome visitors out, the door sill was made three feet from the ground and the immense chimney was placed on the inside, not on the out, as was the custom of that time. There were no windows in the original structure; light came in through small openings near the roof. These openings were used for musket firing. As a safety measure against firedarts, the roof was made of stone and unusually steep. These precautions were indeed very necessary, for the surrounding territory was sparsely populated. The nearest English plantation was at least six miles away.

"Captain Thomas Richardson was the first commander of the fort. He was followed in 1694 by John Oldton, Captain of the Baltimore County Rangers. Just when the fort was abandoned as a frontier outpost is not definitely known. Records indicate that it was used as a defense during the French and Indian War. At that time, it was under the command of Captain John Risteau, the High Sheriff of Baltimore County in 1755.

"Today (1950) Fort Garrison is used as a stable on the estate of Dr. Michael A. Abrams. It is not open for public inspection...."



CASUAL COMMENT

There may have been wetter springs but none springs to mind. The gardens were quite late in being plowed since whenever a proper state of dryness was reached the rains started before the Grounds Crew could reach the gardens. Our local soil cannot be successfully worked when wet as the result is clods which when dry are only slightly harder than adobe bricks.

Then, not only rain and more rain until the meadow was flooded, but there were magnificent displays of lightning with attendant thunder claps. One locust tree near the gardens was torn to pieces and several trees fell across the Nature Trail.

Spring seemed a real contrast to last year as the ground was too wet to plant while last spring it was too dry for seeds to sprout.

.....

Yes, Virginia, it was a swimming pool. A good deep pool with steps into the water to make it easy to climb out. Early plats of Broadmead even labeled it "Swimming Pool." Lacking a local branch of the Polar Bear Club there were very few swimmers as the spring which feeds the pool flows at a constant 54 degrees. Brrr!

Then, with the addition of rocks and dirt the "swimming pool" became a lily pond stocked also with goldfish. Herons found most of the fish quite tasty and the lilies gradually dwindled away, but the cattails flourished and became a haven for the red-winged blackbirds and an occasional snake.

There was a great clearing at the end of June and the pond was much opened up. We hope enough has been left so that the blackbirds will return.

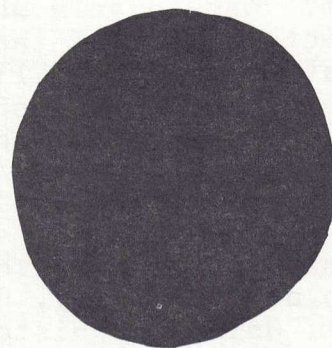
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The Towson Times of August 15 had a picture of four contestants in a "Barbara Bush Look-alike" contest which was held in a Fells Point bar. The winner, as you all know by now, was Mary Beth Anderson.

* * * * *

The North American Bluebird Society has a "Quarterly Journal about Bluebirds" called, most appropriately "Salia." There is an article in its Spring 1989 issue called "Moments" which first appeared in the VOICE written, of course, by Nancy Rowe

.....

TOTAL ECLIPSE OF THE MOON

AUGUST 16, 1989

One can save both a stamp and a delay of a day or so by just giving the letter to "Mike, The Mailman." (He's the one who almost always assures us of early delivery.) If you don't catch him slip the letter under the door of the Mail Room and he will get it and have the stamps the next day.

* * * * *

If you want mail held for a time it is not necessary to go to the Post Office - just leave a note for Mike.

* * * * *

(more Casual Comment)

This Tenth Anniversary stuff
 just be catching. The Voice has just
 received the News Letter from Cathedral
 Village in Philadelphia. Cathedral
 Village is a "continuing care
 community" which had its first five
 residents on October 15, 1979, and
 like Broadmead, the Dining Hall was
 not finished and the Out Patient,
 Housekeeping and Maintenance Departments
 had to keep moving ahead (or
 was it behind) the builders. Anyway
 here is a toast to them!

* * * * *

By now everyone knows that a
 check can be mailed to the Post Office
 and that the proper number of
 stamps will be forthcoming. But
 these letters go down to the Main
 Office in Baltimore and then come
 back to Cockeysville for delivery.

Karolyn Huffman reminds us that
 there was a misspelling in the June
Voice. She writes, "You wouldn't
 know but CALLY Cochran is C-A-L-L-Y
 not i-e on the end." And to make us
 feel a little less humble, she adds,
 "Someone in Administration also
 misspelled it earlier." Our apologies,
 Cally.

LB

.....

IN MEMORIAM

July

Helen C. Hottenbacher
 Andrew Mac Kinnon
 Helen Baldwin
 Hazel M. Sauer

August

Alexander S. Cochran

BROADMEAD'S FOUR HUNDRED

Back around 1888 (according to
 H. L. Mencken) a Ward McAllister coined
 the term "the Four Hundred" when
 he told a society reporter, "There
 are only 400 people in New York that
 one really knows."

Taking the term out of its
 original context, Broadmead will have
 its "Four Hundred" this month in the
 persons of

Helen Gail	Dorothy Payne
Sadie Reirer	Caleb Winslow

What can one add but, "More
 power to them!"

* * * * *

TEN YEARS

(Our Happy Years at Broadmead)

Now count to number ten.

The days we spend at Broadmead - we
 highly recommend
 The friends we've made -
 The games we've played -
 Discussions - talks!
 Our Nature Trail walks -
 The movie nights -
 Music's delights -
 Theosophy class -
 The arts and the crafts -
 The bridge playing fans -
 The Sewing Group class -
 Our beautiful grounds -
 The Rose Garden's crown!
 Our bus transportations
 To many locations -
 To shopping in town
 or just pleasure bound -
 For a day at the races
 And to far-away places.
 Each Resident shows a happy face
 Telling us Broadmead's a special
 place.

HAPPY ANNIVERSARY!

Claire Stieff

4

IN RECOGNITION OF
LIBRARY VOLUNTEERS

Long before Broadmead opened, a dedicated group of Broadmead futures led by Isabella Jinnette, Emily Schilpp and Harriette Shelton were receiving and processing books in the building which now houses the Maintenance Department. When Broadmead opened about 1,000 books were catalogued and ready to be shelved.

Many of that original group of volunteers continue to serve on the Library staff to the present day. Many others have offered to serve. At present some 30 Residents minister to the library needs of Broadmead's readers. Time takes its toll, however, and personnel changes occur.

Betty Mercer, who has labored so effectively and imaginatively as chairman of the Book Cart Committee, has retired. We feel fortunate that Augusta Shackford has agreed to succeed her.

Margaret Tylor has been responsible for the collection and distribution of periodicals donated by Residents. From our opening she has conscientiously and diligently made available an attractive and extensive collection in the lounges as well as outside the main library. She has also retired. We are gratified that Marjorie Jones will assume Margaret's function.

Beside being grateful to Augusta and Marjorie for coming forward, we welcome additional volunteers to relieve others who wish to retire, or to assist those who feel ready to reduce the time and effort they devote to the Library.

Sometimes volunteers come from unexpected places. Sally Jones, the retired librarian of Goucher College, has been a tower of strength in the cataloguing department for some time. She is a Broadmead Future.

If you should wish to help, please inform Emily Schilpp in Cataloguing or Theodora Smith in charge of Circulation. There is much to be done and we welcome your offer.

Kenneth Walker,
Chairman, Library
Committee

FINAL ARRANGEMENTS GUIDE

Last spring a Final Arrangements Guide in a bright yellow folder was placed in each Resident's message box. (Newcomers will have received their's as part of Packet #4.)

If by any chance you did not receive your copy, please contact Helen Criley, J-15. She will send you one.

If you wish to duplicate any or all pages of the Guide use the Guide on the desk in the Residents Association Office and charge yourself for the copies. Should you need help with the copier, a volunteer is there from 9:30 - 10:30, Monday - Friday.

Suggestions for future additions or changes to the Guide should be sent to Nancy Rowe, A-3.

PREVIEW: General Program
BROADMEAD

On Saturday, Sept. 30, at 7:15 P.M., Linell Smith, daughter of Ogden Nash, will give a talk on "Ogden's Letters to His Wife." (Soon to be published in book form.)

more Casual Comments -

No great excitement is expected but it can be remembered that September 10th is Defenders' Day when the British assault on Baltimore was repulsed.

* * * * *

BIODEGRADABLE PLASTICS

Two statements, made recently during Johns Hopkins University's WJHU "Soundprint" program about the insidious environmental hazards caused by plastics, state succinctly the magnitude of the problem. The first, "We can pay off the federal debt, but plastic lasts forever"; the second (even more frightening) "Each year, every man, woman and child in this country discards enough plastic to fill the average-sized living room to the ceiling."

But now, almost everyone knows that plastics are not biodegradable so they do not deteriorate like paper or rust away like metal. They are indestructible which means that they will continue to accumulate on the earth and in the oceans, permeating the environment and cluttering every aspect of our daily lives.

Before plastics, almost everything in the ocean was edible; now sea mammals and fish are fooled by the shiny stuff in the sea. They swallow such items as bags and six-pack rings which kill or maim them. On land, plastic waste, in mountains of debris, is increasing far beyond the limits of land fills; the oceans have become dumping places and the beaches are strewn with the trash brought in by the tide.

Practically everything we use is packaged in plastic....from tennis balls to toothbrushes, from soft drinks to syringes, from frozen dinners to faucet handles. The huge fast food industry uses Styrofoam for everything from hamburger boxes to coffee cups.

Plastics are convenient and economical for manufacturers and taken for granted by consumers.... but disposal has become an intolerable and terrifying problem. For millions of years, the life cycle of organic matter has moved from

growth to dissolution, only to reappear in some other form. This recycling is basic to nature's sequence and until plastic was invented, was common to everything in our world.

The problem of plastic disposal is now so universal that the chemical industry, responsible for developing the myriad of plastic products, is beginning to face up to the dilemma. Efforts are underway to produce biodegradable and recyclable plastics - equally economical, efficient and marketable - which can be absorbed into the natural environment as are rotting paper and corroding metal.

This new plastic revolution had better be soon....we just can't go on any longer piling up mountains of indestructible garbage. There isn't enough space on earth for both its inhabitants and the trash they generate!

(From the Baltimore County Senior Digest for June 1989)



FOR RESIDENTS' URGENT ATTENTION



up in June for the 1989-1990 Subscription Ticket Transportation (STTS). All is in order for the fall start.

Esther Mahan, Chairman, wants Residents, especially new arrivals to know that additional places on bus trips to all performances, with the possible exception of one, are still available. If you have questions about any of these as listed below, please call Esther at 527-0614. The price this year is \$7 per round trip, payable by check to the Broadmead Transportation Committee sent to Esther in advance.

Baltimore Sympony Series B has 18 places available; Baltimore Favorites has 15 places available; Center Stage Saturday matinee has 20 places available; Mechanic Wednesday matinee has 24 places available; Opera Friday evening has 3 places (check with Esther on this one); and Round-World-Adventure may have a few seats available IF reserved 2 weeks ahead. If you are a latecomer to Center Stage or Mechanic be sure to match the right week.

Three vehicles are available for taking holders of subscription tickets, their guests, and any incidental ticket-holders to their performances; one large coach for 46 people; the Broadmead bus for 20, and the Broadmead car for 4. The Committee was faced with the dilemma of rising costs as against its own rising ambition to make the service available to all who want it, even late. No-shows however, cost a great deal because a driver for a vehicle not needed at the last minute still has to be paid.

Therefore it will be crucially important that Esther knows if you are not using your reserved place on the bus at least 24 hours in advance. If you want to go to a single performance, you can usually get a place on the bus, but if you have a place and do not use it and also do not let Esther know, this could keep us from breaking even on the service and force a large price increase next year.

Esther Mahan, Chairman
Claire Walker, Secy.

DOUGLAS KEEGAN, PIANIST

July 2, 1989

The sponsorship of youthful talent is certainly one of the happy functions of the Music Committee. Douglas Keegan, the youngest of these artists, charmed his listeners with a delightful rendition of Mozart and Chopin, concluding with a spirited performance of Ger-shwin's Rhapsody in Blue.

Mr. Keegan has already accumulated honors with high standing in several important competitions.

As winner of their Young Soloist Award he performed with the BSO. Broadmead is especially indebted to Mr. Keegan for presenting his program with very short notice.

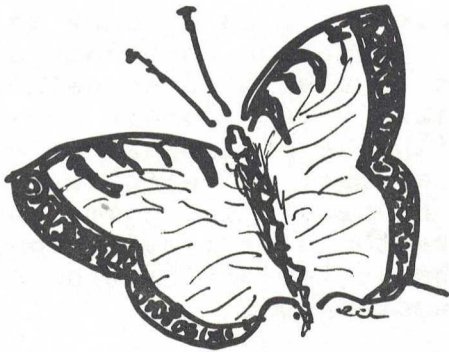
Mozart's Sonata K 331, one of the most familiar with its first movement of variations, its tuneful Minuet and its popular Alla Turca Rondo finale, Keegan played with due regard to its changing rhythms and technical demands. The two Chopin pieces - one of them an encore - were executed with commendable musicianship. Keegan's interpretation of Rhapsody in Blue was enthusiastically applauded by his Broadmead audience. We will follow his career with interest.

AMY LIN, PIANO

A summer piano recital on a hot August evening evoked the unanimous praise of a large Broadmead audience. The young artist was Amy Lin. Taiwan born, Ms. Lin moved to the USA with her family in 1975. She began studying piano at age 5 and almost at once started winning competitions. She has appeared as soloist with the National Symphony, the BSO and several other distinguished orchestras. Ms. Lin holds a Bachelor's degree in mathematics from Hopkins and a Masters in piano at Peabody. At present she is a student in the Artist Diploma program at the Peabody Conservatory of Music as a student of Leon Fleisher.

Ms. Lin presented a delightful classical program of Bach, Beethoven, Mozart, Debussy and Liszt which projected admirably her technical capabilities and interpretive skill. The audience response was overwhelming with a standing ovation at the end. It is hoped that Ms. Lin will continue to pursue her career in music so auspiciously begun rather than abandon it for one in mathematics!

B-flat

MARK THE CALENDAR

Saturday, September 9 - Barry Dove
Jazz Trio

Saturday, September 16 - Singing
Group, Rotary Club of Ellicott
City.

Sunday, September 24 - Maryland
Youth Orchestra

"Broadway," A Concert
by Westwood and Witmer

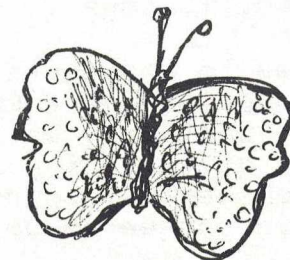
On June 11 a responsive Broadmead audience was taken on a sentimental journey down Memory Lane by the singing team of Jeannie Westwood and Kenneth Witmer.

Ms. Westwood began her singing career in the British Musical Theatre at the age of five but has made her home in the U.S. for the last 30 years. She has appeared as soloist with symphony and concert orchestras, presented her own cabaret show at fashionable resorts and includes among numerous stage credits parts in plays by Chekov and Neil Simon. Mr. Witmer received his Masters Degree in Voice from the Peabody Institute. He has appeared in opera roles with the Baltimore Opera Company and an active professional life includes performances with the Annapolis Chorale and Pro Musica Rara.

Westwood and Witmer titled their program "Broadway" and opened with three numbers from that all time favorite, Show Boat. This set the pattern for the afternoon as in each group of three either Ms. Westwood or Mr. Witmer would sing solo followed by duets. Oklahoma came alive with O, What a Beautiful Morning, Out of My Dreams and People Will Will Say We're in Love. Familiar selections from Rogers and Hammerstein's The King and I and Bernstein's West Side Story made up the rest of the program.

One must certainly sing the praise of Douglas Giles, the capable accompanist, who gave spirited support to the vocal team.

B-flat



THE VOICE FROM THE PAST

It was October 1979 when the VOICE of the Residents was first "heard." The idea germinated in the old dining room when the Flemings and the Becks were dining together. Founding Father Jim wasted no time after the idea of a publication surfaced. Broadmead opened its doors in September. In October came the first VOICE, and it has been coming ever since.

What was this VOICE supposed to say? Not gossip. Not complaints. Not just chit-chat. Jim Fleming was the prime promoter of the idea - a news letter that would become an asset to the community. And "community" was a prime topic in the early discussions about the newsletter.

Newcomers to Broadmead to this day comment on the community spirit, the general helpfulness and air of friendliness of our Residents. This probably is not a unique quality of our Residents only, although we might like to think so, but how did it come about - how did we get this way? In no small degree that feeling of warmth and of "belonging" to a wonderful group of interesting, supportive, helpful friends comes from the early VOICE. That Broadmead spirit we all know and cherish did not just happen. It appeared in eloquent form in the early issues of the VOICE. So, what better time than ten years later to look back to see where we came from.

A few excerpts from early issues will remind us again of the thoughtful planning and convictions of our Founding Fathers and Mothers.

From VOICE No. 1, page 1:

"Welcome to Residents in place, Residents-in-waiting and Residents in temporary shelter! We'll all be together one day, joining in this unique and eminently appropriate life style we have chosen as our answer to aging.

"Just think: a year from now things like tangled telephones, missing meals, late letters, knobless kitchens, haphazard heat (and in some cases hot water)), unpaved parking and uncovered walks - if any - will be in the past."

Ibid, page 3:

"The heroes and heroines who have had to swim through mud and those who have had to 'make do' with lodgings in Holly House and motels will have sterling advantage over all other Residents.

"Those who come in after all roads are paved, the heat working efficiently, all apartments ready and the dining room operating, will not have the same sense of 'conquering new frontiers.' They will not be able to tell their grandchildren how we conquered and settled Broadmead." (G.J.Fleming)

Ibid, page 2:

"'What is community?' That is the assignment the VOICE gave me.,., Judge Learned Hand had a stimulating definition of community which I paraphrase:

"'A community is already in the process of formation when each person begins to view his/her neighbor as a possible friend; where non-conformity with the predominant creed - political as well as religious - is a mark of diversity and commands respect; where there is a deep commitment to the active affirmation of human connectedness.'

"A sense of community is the direction of Broadmead. What is your feeling about 'community'?" (Mildred Beck)

VOICE No. 3, page 2:

"'There's a rainbow over Broadmead! Have you seen it?'" Hazel Fleming's voice carried a sense of wonder, or was it perhaps a prophetic pronouncement? . . .

"Many Residents' hearts leaped up when they beheld it, for rainbows are looked upon as a good omen, a symbol of happiness . . .

"Our Broadmead rainbow was high, complete and brilliantly colored . . .

"Who doesn't love a rainbow for whatever reason." (Nancy Rowe)

* * * * *

They settled in. They started the VOICE and did all the chores of publishing it. "We had a picnic putting it together," they say. They organized the Residents Association. They started committees. They were not merely getting the place going; they were establishing the traditions and spirit of Broadmead that we later come to sense at once and continue to live under day by day ten years later. We are grateful for the vision and foresight of the Founders. We're glad we came!

Helen Criley



A LITTLE NIGHT MUSIC

The fall Music Course given by Sister Theresine borrows its title from Mozart, and presents four centuries of music written for, and about, the night.

Solo and ensemble works of sixteen composers of eight nationalities will be listened to and discussed on five Thursdays from September 7 until October 5.

Class meets in the Lounge from 11:00 A.M. until 12:00 noon.

Sister M. Theresine

ELIZABETH NORWOOD (Mrs. Vernon)
F-2 527-0735

Elizabeth is a Maryland native who attended Friends School in Baltimore where her late husband and both her children were also educated. After her graduation she entered the School of Nursing at the Church Home and Hospital and it was there she met and married a young pathologist. Dr. Vernon Norwood was greatly loved and respected at Church Hospital and a new wing of the present hospital has been dedicated in his name. The Norwoods raised a son who is a pathologist at the University of Washington in Seattle and a daughter, a computer programmer living in Virginia Beach. Elizabeth has three grandsons. While raising her children Elizabeth volunteered at the Church Hospital as the first director of their Social Service Department. During World War II she was called to be a member of the Board of the Maryland Nurses Association and during her 28 years in this position, she served as president from 1952 to 1968. When the Johns Hopkins University School of Nursing reopened several years ago, Elizabeth was asked to represent Church Hospital on the steering committee. She continues an active interest in this organization.

MARY LOUISE MOON (Mrs. Russell F.)
K-8 584-7836

Mary Lou was born in American Samoa where her father, a naval surgeon, was stationed. Her childhood was spent moving about the east coast mainly between Newport, Rhode Island and Boston and in 1942 she married a Naval Academy graduate and raised her own three children while continuing to move from coast to coast.

She was introduced to Broadmead by our own Bobbie Snyder under whom her husband served at the Boston Naval Shipyard. Mary Lou is a graduate of San Diego State College (now University) where she

"TOUCH TOYS"

majored in music - both violin and piano. She has played with the Newport and Charleston, S.C. symphonies. She is a member of the Pi Beta Phi Sorority and is a career member of the San Diego State chapter.

Her late husband was an Engineering Duty Officer and spent 20 years in the Navy after which he spent 10 Years with the Boeing Company working on the Saturn Booster Program. After his retirement he earned an M.B.A. at Tulane University while Mary Lou was introduced to politics through service as assistant clerk of the City Council of New Orleans, La. The family then moved to Charleston, South Carolina where her husband greatly enjoyed teaching at a technical college. She comes here from 16 years in Charleston. She has three children - a daughter and five grandchildren in York, Pa. which influenced her move here, a daughter and one grandchild in Massachusetts and a son in Atlanta. Her interests include bridge and volunteering her services at Broadmead.

Betsy Griffin

Apartment Changes

Charlotte Gussow	C-6 to T-304
Ethel Brown	Q-10 to T-357



For the benefit of new Residents who may not be familiar with our Touch Toys project, let me say, briefly, that this is the Outreach program that has been in effect since January 1981. It was introduced by Olita Sherwood who continues to be our honorary chairman. Henriette Zeger, a friend of hers in Washington, D.C., conceived the idea of making toys, pictures, and other items suitable for the blind; to provide them with the opportunity of feeling the textures, forms, densities, etc. This is the origin of the concept - "Touch Toy." There are now a number of Touch Toy groups over the country. There is a newsletter, and we are kept informed of new projects and activities. Broadmead is the only Life Care Community that has a Touch Toys group.

Our first two years we made toys for the Maryland School for the Blind. Since then our output goes to Rosewood, a home - not for the blind - but for the severely handicapped - mentally and physically. We have made many wall hangings to decorate their cottages, and a variety of toys and personal items. We are fortunate, indeed, that Penny Pentz, Activities Director for Hallowell, has been able to direct our work.

When we take the toys, etc., we have been working on to Rosewood, we are cordially welcomed both by a representative of Administration, and by some of their volunteers, and often served coffee and Danish. On the last trip we made, October 14th, we delivered a total of 202 items. Included were nature pictures, mounted on wooden plaques (we are very grateful to the wood shop for their frequent help);

"Touch" pictures; building blocks (small cardboard boxes covered with contact paper); snakes - made of discarded neck ties and stuffed with empty cigar casings - courtesy of Leo Bridge; dumbbells (made of

plastic foam and covered with bright fabrics); original "Kelly-Guerke" rag dolls (named for their originators); knitted toy balls stuffed with cut-up nylons; stuffed animals; a knitted toy "King"); boxes for personal belongings; and a wall hanging with pockets for each letter of the alphabet. Our materials, for the most part are donations - the "personal" boxes are discarded envelope boxes from Nancy Grant - covered with fabrics donated by Residents. Our modest budget goes for such things as glue, hardware, dish mops, etc. We are presently engaged in making mobiles - which were requested when we made our last delivery to Rosewood. We are about to make pins and bolo slides (courtesy of Ray Compton in the wood shop), studded with jewels donated by Residents - as well as our usual and unusual toys.

Our group is small and we would welcome anyone who is interested in joining us. None of us has any special skills. We depend on Penny, she is our spark plug - she is both creative and ingenious and we couldn't function without her.

Our newest member is a new Resident - Beth Thompson. Others are Marie Cunningham, Myrtle Guerke, Mary Keesey - who works for us at home - Alice Mason, Anna Ruckdeschel, and myself. And, we often draft Mal's expertise.

Martha Gross

INSIGHT ON EYESIGHT

On April 28 Dr. Richter, the principle advisor and vision-bringer to Broadmead Residents, gave us insight into some of the successes and problems of his professional speci-

ality. His clearly presented talk dealt with the four most commonly encountered sight-threatening affections in persons past middle age. He listed these as macular degeneration, diabetes, glaucoma and cataract.

Dr. Richter explained that the macula, point of sharpest central vision located in the retina, is sometimes subject to irreversible and occasionally progressive deterioration resulting in blindness. This malady presently presents a still unresolved challenge. Neither its cause nor its cure is known.

Perhaps in no other professional speciality has more spectacular progress been made than in that of ophthalmology. Dr. Richter presented with admirable clarity the present bright status of glaucoma, cataract and the retinal involvement caused by diabetes. The medical application of the laser virtually created a new sub-speciality of retinal experts and transformed the dismal prognosis of diabetic retinitis to one of hope and justified optimism. New drugs have enabled us to control the sight-destroying effects of glaucoma. Periodic visits to your ophthalmologist will insure prompt detection of a significant rise in intraocular pressure and the institution of appropriate treatment.

In the case of cataract, an almost universal condition in the aging process, the lens implant has created a virtual visual revolution! Dr. Richter described the chilling prospects of the pre-implant cataract sufferers who had to wait until almost sightless before undergoing lens removal with its accompanying hazards, and then fitted with the thick lenses of cataract eyeglasses. Today, a sight-restoring outpatient procedure is offered to any cataract patient whose clouded vision interferes with normal activities.

Dr. Richter's presentation was followed by a short question-answer session. The large turnout to these health talks under the sponsorship of the Broadmead Health Committee attests to the appreciation of Broadmead audiences.



Broadmead

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VOICE OF THE RESIDENTS

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